



Immunity

STEGGALL NUTRITION

Immune systems are complex, with specialised organs, cells and chemicals working together to eliminate pathogens and foreign bodies. By nourishing our bodies, with a variety of nutrients we can ensure our immune system is at optimal health to prevent infections.

Micronutrients support and enhance immune function.

Deficiencies can leave us more susceptible to infection. When our immune system is compromised, we require more micronutrients as they are being used faster than normal.

The gastrointestinal tract regulates our immune system.

Approximately 70% of our immune cells reside in our gut along with essential micro-organisms. Maintaining the health of our gut is required for effective gastrointestinal barrier function & immune cell production.

Skin and mucous membranes prevent pathogens from entering our bodies.

These barriers are an integral part of our innate immune system. As well as other important immune system functions, vitamin A and vitamin C maintain the health of our skin and mucous membranes.



Key Ingredients for Supporting a Healthy Immune System

- > Micronutrients for Immune System Support
- > Vitamin A and C for Skin Health
- > Pre- and Probiotics for Gut Health
- > Vitamin E and C as Antioxidants
- > Botanicals, including Echinacea, Ginger, Ginseng, Elderberry and Turmeric
- > Lauric acid from Coconut Oil Powder
- > Bioactive compounds to support immunity, including Beta-glucans and Lactoferrin

Partner with us to create a premium custom blend that is unique to your brand.

Contact us to Create your Product

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